



The Quality Times

Child Care Resource Center
Region I

Spring
April, May, June
2015

*Child Care Resource Center
is sponsored by
Catholic Charities WVVA
and Funded by the
WV DHHR - Bureau for
Children & Families,
Early Care & Education*

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A Word from the Director



Dear Child Care Professionals:

We are pleased to announce that we are offering extended business hours in our Fairmont Office beginning in April 2015 to accommodate our customer and providers' needs. Fairmont will join our Morgantown & Wheeling Child Care Resource Center offices in this great opportunity. Please feel free to stop in during these hours to submit paperwork, complete an application for Child Care Services, learn about the benefits of becoming a child care provider or get to know our staff. These three offices offer extended hours on the 3rd Tuesday of each month, operating from 8:30 a.m. until 6:00 p.m. on the following schedule:



April 21st, 2015



May 19th, 2015



June 16th, 2015

In addition to extended office hours, an "internet café" is provided in our Wheeling and Weirton offices for the convenience of our clients and providers. An internet café allows access to internet services free of charge in order for our customers to print verifications such as school schedules and grades and/or paystubs and our providers to print verifications such as grant applications and educational activities that will benefit their business. We look forward to extending this opportunity in our other offices in the future.

We want to hear how we can better serve you! If you can think of an opportunity for the CCRC to assist you in accessing our services, please contact me directly at melissa.a.harvey@wv.gov or (304) 292-7357.

Melissa Harvey, CCRC Director



You are cordially invited to
An Infant/Toddler Summit

9:00 am to 4:00 pm

Save the Date

Huntington March 13, 2015 Registration Deadline March 2 <i>Holiday Inn Barboursville</i>	Wheeling March 27, 2015 Registration Deadline March 16 <i>Oglebay Conference Center</i>	Parkersburg April 10, 2015 Registration Deadline March 30 <i>Choices R & R Agency</i>
Fairmont April 24, 2015 Registration Deadline April 13 <i>Clarion Inn Fairmont</i>	Martinsburg May 8, 2015 Registration Deadline April 27 <i>Holiday Inn Martinsburg</i>	Beckley May 22, 2015 Registration Deadline May 11 <i>Tamarack</i>

Call your Infant/Toddler Specialist for more information.

This event meets the requirement for a conference for Tiered Reimbursement status.

Registered with WV STARS as 7 hours of Program Management

Morning Coffee/Tea & Lunch Provided

Application included on Page 2 of the newsletter.



WV Child Care Nurse Health Consultant

Glenna Bailey, RN
304-972-6300 -- gbailey@rvcds.org



Best Practice Resources of Child Care Health and Safety

Dealing with health and safety issues in a child care setting can be confusing. Many providers find themselves with conflicting information regarding illness, exclusion and medication administration. The following resources are the ones most often cited as the gold standard for best practices.

First of all it is important to know the difference between regulation and best practice. Regulations are state laws that set the minimum standards that licensed child care must meet in order to maintain their license. In West Virginia the regulations/requirements are individualized for child care centers, out-of-school time centers, child care facilities, and family care homes. All of these can be found at:

<http://www.wvdhhr.org/bcf/ece/earlycare/regs.asp>

Best practice on the other hand is providing the most recent, relevant, and helpful practices based on research and real-life practice. In most situations best practice is above and beyond the requirements of regulations but is instead the standard we should be striving for.

So, what resources should be used to determine best practice in the child care setting? The most common source of standards and the main reference contained in NAEYC's *Healthy Young Children: A Manual For Programs* is the third edition of *Caring For Our Children: National Health and Safety Performance Standards Guidelines for Early Care and Education Programs* by the American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education. *Caring For Our Children* is a collection of 686 national standards that represent the best evidence, expertise, and experience in the country on quality health and safety practices and policies. The entire book can be accessed for free at:

<http://cfoc.nrckids.org/> and includes a search engine that enables you to access information quickly.

For the best information about infectious diseases the American Academy of Pediatrics has published, *Managing Infectious Diseases in Child Care and Schools*. This book is not available free but can be purchased on Amazon and other book selling sites. However much of the same information can be found at the AAP's consumer website:

<http://www.healthychildren.org/English/Pages/default.aspx>

If you are having an outbreak of an infectious disease your county health department is a great source of information.

Finally, don't forget that your Nurse Health Consultant can assist you in accessing and interpreting these standards. Anytime you have a health, safety or nutrition question don't hesitate to contact us.

Is Tier II for You?

Are you wondering if Tier II is for you!

Call an Early Childhood Specialist today for assistance with:

- Information on Tier II and the benefits of becoming a Tier II child care provider
 - Assistance with the application process
 - On-site technical assistance to help you meet the requirements

Early Childhood Specialists: Todd Fromhart & Brianne Broughman

This Quarter we Focus on Child Care Fees

Question:

I have a client who will not pay her child care fees and her private pay fees, what do I do?

Answer:

CCRC staff can only assist child care providers in collecting the parent's portion of the daily fee. CCRC staff does not assist providers collecting late fees, registration fees, transportation fees, and fees for times not approved by the agency. The provider must notify CCRC in writing no earlier than five but no later than 30 days after the date payment was due. The provider's written notification to CCRC should include the dates the child care fees are for, when the fees were due, and the total amount due. The client will have 13 days to pay the fees in full and submit a receipt to CCRC from the provider or they are not eligible for child care again until the fees have been paid.

Question:

I have paid my provider for child care fees and never received a receipt. The provider is now stating that she was never paid. Can she do this?

Answer:

When signing up for child care services all clients sign a parent services agreement that states that parents should obtain receipts to verify payment has been made and to use for income tax purposes. Without any type of receipts you have no way to show that your child care fees have been paid.

Question:

I am caring for children that are only in care for part days; do I bill the parent the full amount of their daily child care fee?

Answer:

If you have any child at least 4 hours that day, you are to charge the entire fee for that day. If you keep a child less than four hours daily, those days are considered part days and you cannot charge the full amount. Provider must use the conversion chart to convert the days. Please contact your local CCRC office if you would need a copy of the conversion chart or would need assistance in calculating child care fees.

If you have any questions that you would like to be included in the Subsidy Zone please contact:
Kelly Coen at 1-800-585-1603 or Heather Tallman at 1-888-272-7357.

Your Local Child Care Specialist

Hancock & Brooke Counties

304-748-2007

Ohio & Marshall Counties

Niki Crabtree & Brianne Murray 304-232-1603

Wetzel & Tyler Counties

Katie Snider 304-455-0920

Monongalia County

Jessica Waddell & Kaylie Perdue 304-292-7357

Marion County

Emily Hunt & Karyn Christopher 304-366-3615

Child Care Coordinators

Kelly Coen Wheeling Office 304-232-1603

Heather Tallman Morgantown Office 304-292-7357

Extended Office Hours!

The Morgantown, Wheeling & Fairmont Child Care Resource Center will continue to offer extended hours for the convenience of our clients and providers. The 3rd Tuesday of each month, the above offices will operate on the following schedule:

April 21, 2015

8:30 a.m. – 6:00 p.m.

May 19, 2015

8:30 a.m. – 6:00 p.m.

June 16, 2015

8:30 a.m. – 6:00 p.m.

Community Information



The West Virginia Family Child Care Association is excited to announce that we now have 3 local family child care associations. Fayetteville, Kanawha, and Cabell-Wayne. We would love to get a local association started in your community as well so that you can meet with peers that understand what you experience in your family child care home or facility. Please contact the WVFCCA if you need any help at all. We are here to help you be your best! Visit us online, on Facebook, or call. We look forward to hearing from you!

Call: 304-634-5545

West Virginia Family Child Care Association

www.westvirginiafamilychildcare.com



Are you noticing a delay in a child in your care?

We can HELP!
Call 1-800-619-5697

By 3 months
Does your baby...

- grasp rattle or finger?
- hold up his/her head well?
- make cooing sounds?
- smile when talked to?

By 6 months
Does your baby...

- play with own hands/feet?
- roll over?
- turn his/her head towards sound?
- holds head up/looks around without support?

By 9 months
Does your baby...

- sit alone or with minimal support?
- pick up small objects with thumb and fingers?
- move toy from hand to hand?

By 12 months
Does your baby...

- wave goodbye?
- play with toys in different ways?
- feed self with finger foods?
- begin to pull up and stand?
- begin to take steps?

By 18 months
Does your baby...

- cling to caretaker in new situations?
- try to talk and repeat words?
- walk without support?

By 24 months
Does your baby...

- point to body parts?
- walk, run, climb without help?
- get along with other children?
- use 2 or 3 word sentences?



WV Birth to Three RAU-1 is a program of: Catholic Charities West Virginia



West Virginia Children's Health Insurance Program
www.wvchip.org

Health Care Coverage for children & expectant moms
Apply online at www.wvinroads.org



WALK NOW FOR AUTISM SPEAKS
It's time to listen.

The Ohio Valley Walk will take place on Saturday, May 16th at Warwood Trail-Warwood Elementary. In addition to the non-competitive walk there is a resource fair where companies/organizations will have information about their programs & services to those on the spectrum. Registration and the resource fair starts at 9:00 am and the non-competitive walk at 10:00 am. We also have refreshments, entertainment, activities and music. For more information or to register for the walk call 412-367-4571 or visit



ACDS
For Information about ACDS
Contact:
Sherrie Myers at 304-523-0433
or smyers@rvcds.org

WV Early Childhood Quarterly Magazine

The West Virginia Early Childhood Provider Quarterly is **going green** and will be available only by e-mail distribution. West is the first and only publication designed exclusively for West Virginia Early Care and Education Professionals. The magazine supports, informs and coordinates the early childhood community, including families. With over 20,000 copies distributed annually to early childhood programs, professionals and families throughout the state, the WV Early Childhood Provider Quarterly gives advertisers an opportunity to share information directly with the early childhood community.

To subscribe please go to www.wvearlychildhood.org and click on the Publication Tab & follow the directions



Infant/Toddler News

What is a Winning Team?



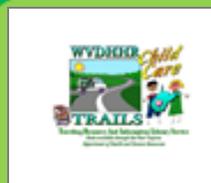
Janice Barnett
Infant/Toddler Specialist

A winning team in a child care setting goes beyond having a high quality center. It is about high quality relationships! It is about building relationships between the teacher and child, the teacher and families, the teacher and co-workers, the teacher and supervisors, and the teacher and community.

According to Prime Times, a Handbook for Excellence in Infant and Toddler Programs, there are steps that you can take to become a winning team.

1. **Respect:** speak with other adults in a respectful, professional manner.
2. **Encourage:** encourage, support, and nurture other adults.
3. **Appreciate:** understand and appreciate the lives, values, and personal priorities of other adults.
4. **Renew:** take time for yourself to focus your thoughts, physical strength, and mental outlook.
5. **Question:** speak directly to other adults with whom you have questions or issues.
6. **Share:** participate in professional development. Share your special skills and expertise with other adults.
7. **Help:** help others without being asked. Propose and carry out creative solutions and improve problematic situations.
8. **Prepare:** prepare for work by being on time, being organized, and having fun.
9. **Organize:** organize your work space and share your resources.
10. **Understand:** talk with other adults in real conversations about what they are doing and thinking. Do not judge, and try to understand.

Teams come together over time as trust and understanding develop. Adults who take the time and effort to build a strong relationship with their team will be **winners** in every sense of the word!



"Building A Firm Foundation"

This professional development session will be offered by your TRAILS Early Childhood Specialist. It consists of four modules that give you an overview of the West Virginia Elements of Family Child Care (WVEFCCS).

For more information contact them today!

Coming Soon

Fall 2015

Professional Development Opportunities

Getting your degree in Early Childhood Education just got easier!

T.E.A.C.H. WV has funding available for eligible early childhood educators and directors who would like to earn their degrees in early childhood. We offer scholarships ranging from 3-12 credit hours per year.

T.E.A.C.H. will provide:

- Partial Tuition
- Partial Book Reimbursement
- Travel Stipend
- A Bonus Upon Completion of Contract



Visit our site or contact T.E.A.C.H. WV for information on our scholarships for Family Home Providers!

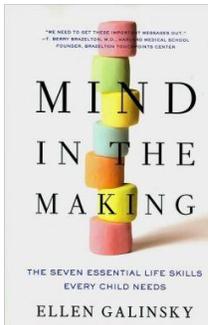
Early Childhood Education Scholarship Availability Announcement

T.E.A.C.H. Early Childhood® WEST VIRGINIA is happy to announce two new scholarship models available to child care providers and child care directors!

1. Jump Start/Final Step scholarship – designed for child care providers and child care directors who are interested in trying out 1-2 college classes or have 1-2 classes left to complete a degree. This scholarship will provide tuition assistance for 3-8 credit hours, as well as other scholarship components.
2. Director’s Model scholarship – designed for child care directors who want to obtain an associate degree, bachelor’s degree, or pre-k endorsement. This scholarship will provide tuition assistance for a minimum of 9 credit hours, as well as other scholarship components.

For more information on these new scholarship models, or for existing models, please contact Amanda Martin amartin@rvcds.org 304-529-7603 x118 or 1-888-983-2827.

You can also visit our website at [www.wvearlychildhood.org/TEACH WV.html](http://www.wvearlychildhood.org/TEACH_WV.html)



Mark Your Calendars

MIND IN THE MAKING

Mind in the Making is an 11 part learning process that uses research on children’s development, including classic and recent studies on how children learn and how teaching can encourage engaged learning. Each module includes written research summaries, learning goals and outcomes, practical tips for teachers, quotes from researchers and engaging opportunities to practice new skills

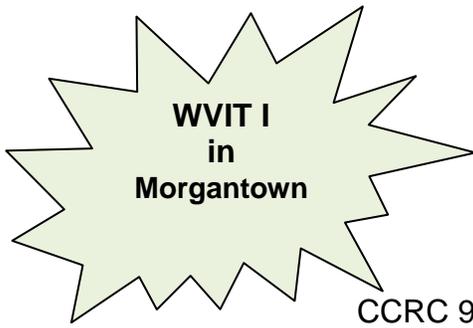
**Training Schedule
CCRC - Morgantown**

- Monday - April 13th - 1:00 - 2:30 -Administrator’s Session: Overview of Mind in the Making
- Thursday - May 21st - 6:00 - 8:00
- Thursday May 28th - 5:00 - 9:00
- Thursday June 4th - 5:00 - 9:00
- Thursday - June 11th - 5:00 - 9:00
- Thursday - June 18th - 5:00 - 9:00
- Thursday June 25th - 5:00 - 9:00

Participants will receive the following WV STARS hours upon completion:

- 3 - Child Observation & Assessment
 - 6 - Child Growth & Development
 - 9 - Professionalism
 - 12 - Positive Interactions & Relationships
 - 15 - Curriculum
- 45 Total WV STARS Hours!**

Complete your Application Today!
Located on the last page of the newsletter



WVIT I Registration

March, April, May, June 2015

Held in Monongalia County

CCRC 965 Hartman Run Road – Suite 1103 - Morgantown

Dates as follows:

I. Administrators' Modules (MUST attend Administrator's Session and MUST be registered on STARS):

SESSION	DAY	DATE	TIME
One Session Only	Thursday	March 19, 2015	8:30 am - 3:30 pm

II. Participants Modules (MUST work with subsidized children up to 35 months for 20 hours a week or more, MUST be registered on STARS, and MUST have completed WVIT I)

SESSION	DAY	DATE	TIME
Session 1	Tuesday	March 24, 2015	10:00 am - 3:30 pm
Session 2	Tuesday	March 31, 2015	10:00 am - 2:30 pm
Session 3	Tuesday	April 7, 2015	10:00 am - 3:30 pm
Session 4	Tuesday	April 14, 2015	10:00 am - 2:30 pm
<i>Make Up Day</i>	<i>Thursday</i>	<i>April 16, 2015</i>	<i>10:00 am-4:00 pm</i>
<i>Make Up Day</i>	<i>Friday</i>	<i>April 17, 2015</i>	<i>10:00 am-4:00 pm</i>
TACIT - 1	To Be scheduled		3 Hours
Session 5	Tuesday	May 5, 2015	10:00 am - 2:30 pm
Session 6	Tuesday	May 12, 2015	10:00 am - 3:30 pm
Session 7	Tuesday	May 19, 2015	10:00 am - 2:30 pm
Session 8	Tuesday	May 26, 2015	10:00 am - 4:00 pm
Session 9	Tuesday	June 2, 2015	10:00 am - 3:30 pm
Session 10	Tuesday	June 9, 2015	10:00 am - 1:00 pm
<i>Make Up Day</i>	<i>Thursday</i>	<i>June 11, 2015</i>	<i>10:00 am-4:00 pm</i>
<i>Make Up Day</i>	<i>Friday</i>	<i>June 12, 2015</i>	<i>10:00 am-4:00 pm</i>
TACIT - 2	To Be scheduled		3 Hours

To register contact Janice Barnett, Infant Toddler Specialist at 1-800-585-1603 or 304-232-1603. If you do not speak to Janice directly, please call Cathy Knox, Professional Development Team Supervisor at the above numbers.



Don't Forget to Check Out the Infant/Toddler Website

www.wvit.org

The West Virginia Infant/Toddler Specialists Network is busy as always promoting excellence in care for our youngest citizens. To that end, a new website has been developed for you to access. The site will offer overviews of the programs offered, the latest news, upcoming professional development opportunities and grant announcements as they become available.

Note Worthy

First Aid and CPR Classes



The following agencies/individuals offer CPR & First Aid Classes. Please call for date, time, fee and location. Also, check with your local Fire Department to see if they offer classes.

AGENCY	PHONE #
Fairmont Red Cross	304-366-2060
Marion Co. Rescue Squad	304-363-6246
Shirley M. Kimble Training Center	800-626-4748 or 304-293-1329
Brooke County Health Dept.	304-737-3665
Wetzel Co. Hospital	304-455-8000
Sistersville General Hospital	304-652-2611
Wheeling Hospital-Training Center	304-243-3569
Weirton Medical Center	304-797-6198
American Red Cross-Morgantown	304-598-9500
American Red Cross-Wheeling	304-232-0711
American Red Cross-Weirton	304-797-1600
Wheeling Fire Dept.	304-234-3726
Moundsville Fire Dept.	304-845-2050
Wetzel County EMS	304-455-5931

Morgantown Area

MTEC offers CPR Class every other Monday 6:00 pm to 9:00 pm
Cost: \$45.00

Call 304-291-9242 Monday-Thursday 1:00 pm to 7:00 pm to register.



Our mission is to provide quality services to children and families which will enrich their lives and empower them to achieve their fullest potential.

We are a community service organization that works with parents, child care providers and community organizations and help promote the availability of quality child care in our 8 county area.

Region 1 CCRC Offices

Ohio & Marshall County:

2000 Main Street, Suite 100
Wheeling, WV 26003
304-232-1603 or
800-585-1603

Monongalia County:

965 Hartman Run Rd., Suite 1103
Morgantown, WV 26505
304-292-7357 or
888-272-7357

Marion County:

309 Cleveland Avenue, Suite 209
Fairmont, WV 26554
304-366-3615

Brooke & Hancock County:

3622-B West Street
Weirton, WV 26062
304-748-2007 or
800-456-6607

Tyler & Wetzel County:

1236 North State Route 2
New Martinsville, WV 26155
304-455-0920

Contact Us:

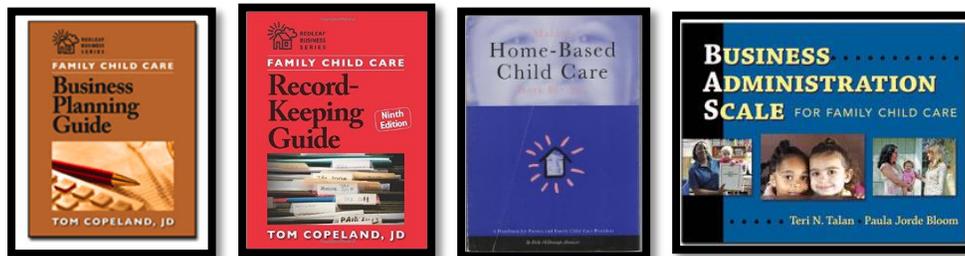
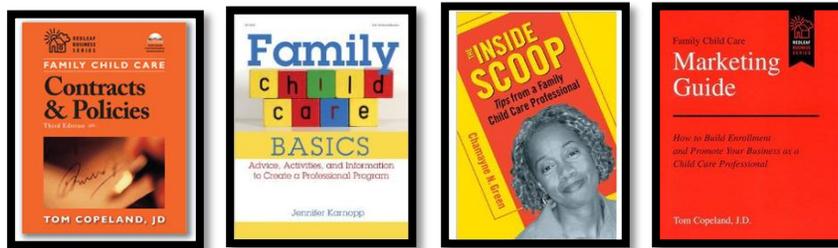
- Todd Fromhart – Early Childhood Specialist jeffrey.t.fromhart@wv.gov
- Amy Morrow – TRAILS Specialist amy.m.morrow@wv.gov
- Jamie Burton – TRAILS Associate jamie.l.burton@wv.gov
- Janice Barnett – Infant/Toddler Specialist janice.c.barnett@wv.gov
- Linda Reeves – Behavior Consultant linda.j.reeves@wv.gov
- Cathy Knox – Training Team Supervisor cathy.j.knox@wv.gov
- Melissa Harvey – Executive Director melissa.aharvey@wv.gov

News from the **TRAILS** Room

By: Amy Morrow
Trails Education Specialist M.A.

Make Your Passion a Profession!

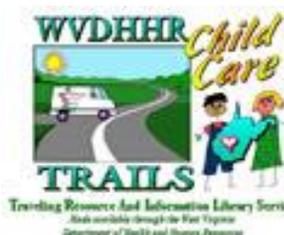
Family Child Care Providers are essential to the field of early education. We have numerous family child care providers in our region and many of these providers have been in the field for several years and we are excited to see new providers come on board. High quality family child care programs are a support to families and aid in preparing children for their education and essential skills for life. As a family child care provider, you have the exciting opportunity to plan and carry out your own business, pursuing your own goals and meeting the needs of the families you serve as well as your own. There are plenty of resources available to aid the business development and maintenance of family child care programs. We have resource books available; the Tom Copland series is an integral resource for business. Check out all the resources we have below!



Don't forget that as a Family Child Care Provider you can receive up to 4 hours of WV STARS credit by participating in trainings through TRAILS, this is a great way to take some time to work on policies, create a parent contract or apply for Tiered Reimbursement.

Just give us a call!

1-304-232-1603 or 1-800-585-1603



Amy Morrow - TRAILS Specialist
Jamie Burton - TRAILS Associate



Linda Reeves
Behavior Consultant

You work and play with children all day. What else could be more fun and entertaining? You love what you do and you know what you are doing is important and rewarding. In what other job can you make handprint paintings, play in the sand table, and read *The Very Hungry Caterpillar*, over and over? Yet you often feel exhausted and drained and unappreciated. So what's going on? How can you feel so stressed in such a fun job?

Child care providers commonly experience stress related burnout from their jobs just like many other professionals and occupations (medical staff, teachers, law enforcement, first responders, firefighters, counselors, clergy, etc.) in the helping and caring field. The impact of job related stress can leave a person feeling physically and emotionally worn out and overwhelmed. When this happens, many chose to leave the field to pursue an occupation that is less stressful which, in turn, leads to high provider/teacher turnover and causes a shortage of qualified child care and early childhood educators. This chain of events eventually interferes with the quality of care that children enrolled in child care and early childhood programs receive.

Do any of these stressors sound familiar?

- High child-adult ratios
- Highly stressed or challenging children
- Long hours with low pay and little or no benefits
- Uncompensated time outside of work creating lesson plans, gathering materials, cleaning, etc.
- High turnover of staff leading to being short-staffed with constant changes
- Tension with parents, coworkers, and/or administrators
- Limited budget and resources

Job related stress and burnout does not happen overnight. It's a gradual process that can lead to following signs of burnout:

- Dreading the work day
- Irritability
- Mental and physical fatigue
- Anger
- Job depression
- Lack of motivation
- Negative attitude toward the children

Job related stress affects you, the caregiver, as well as the quality of care you provide and, ultimately, the children and families in your care. In order to be successful, caregivers need to look after themselves by managing their stress and finding a sense of balance in their lives. Some strategies for minimizing job related stress:

- Attend trainings and workshops to improve your skills and effectiveness at work
- Eat right and exercise regularly
- Ask for help when needed
- Try not to let the daily stress of your child care or teaching job carry over into your family life
- Join a professional organization or network (locally and/or nationally) with other child care providers and early childhood teachers to get support and assistance with behavior management, curriculum planning, and classroom management
- Don't spend personal breaks doing anything job related
- Take time to indulge in activities you enjoy (walking, reading, yoga, etc.)
- Set realistic expectations for yourself

Making self-care and stress management a priority is a critical part of enhancing your professionalism as a quality child care provider.



Child Care Food Program Two Hour Training Schedule Program Year 2014 -2015

Date/Time	Location	County	Monitor/Cell Phone
3/14/15 Saturday 10:30am - 12:30pm	Immaculate Conception Church (Dining Hall) 406 Valta Vista Ave Fairmont, WV	Marion	Phyllis Bolling 304-203-3711
3/21/15 Saturday 9:00am - 11:00am	Knights of Columbus Hall (behind St. Leo's) Inwood, WV	Berkeley	Bridget Barton 304-820-4486
3/21/15 Saturday 10:30am - 12:30pm	Nutter Fort Library 1300 Buckhannon Pike Clarksburg, WV	Harrison	June Walton 304-838-3064
3/21/15 Saturday 10:00am - 12:00pm	Mary Weir Library Weirton, WV	Hancock	Chris Gillis 304-780-6504
4/14/15 Tuesday 3:00pm - 5:00pm	Marshall County Library Moundsville, WV	Marshall	Chris Gillis 304-780-6504
4/14/15 Tuesday 6:00pm - 8:00pm	Knights of Columbus Hall (behind St. Leo's) Inwood, WV	Berkeley	Bridget Barton 304-820-4486
4/18/15 Saturday 10:00am - 12:00pm	St. Elizabeth Catholic Church Philippi, WV	Barbour	Shelly Gainer 304-677-3372
4/25/15 Saturday 9:30am-11:30am	Taylor County Library Grafton, WV	Taylor	June Walton 304-838-3064
4/25/15 Saturday 9:00am - 11:00am	Wesley United Methodist Church Kingwood, WV	Preston	Marcie Phillips 304-614-2492
5/12/15 Tuesday 6:00pm - 8:00pm	Knights of Columbus Hall (behind St. Leo's) Inwood, WV	Berkeley	Bridget Barton 304-820-4486
5/16/15 Saturday 10:00am - 12:00pm	Heritage Center (CCWVa) Wheeling, WV	Ohio	Chris Gillis 304-780-6504
5/19/15 Tuesday 10:00am - 12:00pm	Mary Weir Library Weirton, WV	Hancock	Chris Gillis 304-780-6504
7/14/15 Tuesday 6:00pm - 8:00pm	Knights of Columbus Hall (behind St. Leo's) Inwood, WV	Berkeley	Bridget Barton 304-820-4486

Early Care Share West Virginia: A New Online Resource

The Division of Early Care and Education is pleased to announce the launch of Early Care Share West Virginia. This is an online platform that delivers a wealth of practical resources for early childhood education directors, family child care providers, and teachers. Its goal is clear: to help save time, reduce costs, and improve quality.

Sponsored by West Virginia Early Childhood Training Connections and Resources, Early Care Share West Virginia is now available free of charge to early childhood education professionals in West Virginia, especially child care professionals and those that may be providing support, training and assistance to those professionals.

The site can be accessed by visiting www.EarlyCareShareWV.org. Interested parties in West Virginia can fill out a New Member Request form by clicking on "Request a Log in Account" upon visiting the site. It's entirely free!

For additional information or to arrange an online or in person demonstration about Early Care Share West Virginia, please contact Natalie Snider at: nsnider@rvcds.org.





Todd's Toolbox

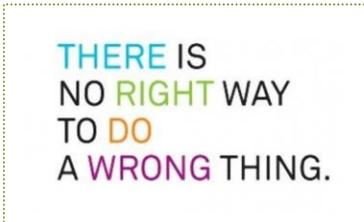


Todd Fromhart
Early Childhood Specialist

Ethics Ethics

Early childhood educators face many decisions throughout their day. Sometimes the correct choice is clear cut and the decision is easy to make, but other times the answer isn't so obvious. Sometimes our personal values may conflict with the wishes of a supervisor or parent. When the correct choice is not clear or the values of those involved conflict, we may face an ethical dilemma. The NAEYC Code of Ethical Conduct can be used as a guide to help the early childhood professional resolve these dilemmas and make difficult decisions.

The Code of Ethical Conduct addresses our responsibilities to the children in our care, the families of the children we serve, our colleagues, and the community. These standards of ethical behavior are based on core values that are rooted in the history of early childhood education. Each section of the Code of Conduct is broken down into Ideals and Principles. Ideals outline what early childhood professionals should aspire to and Principles guide behavior and help educators make difficult decisions. The NAEYC Code of Ethical Conduct is an excellent resource and should be used by those working with young children when making decisions and setting policies for their programs. More information about the Code of Ethical Conduct can be found at www.naeyc.org.



Ohio - Marshall County Family Child Care Circle

On April 8th at the Child Care Resource Center your local TRAILS Team will be launching the Ohio- Marshall County Family Child Care Circle. The formation of this group will provide Family Child Care Providers with resources, training, collaboration and assistance to better their needs as professionals and to share and acquire ideas to put into practice with the children in their care!

Times, location, and frequency of these meetings will be based off of the consensus of the attendees.

- Receive Technical Assistance/WV STARS training on topics requested.
- Collaborate with other family child care providers in your area!
- Family Child Care Provider Mentorship Program
- *Come join in on the fun!*

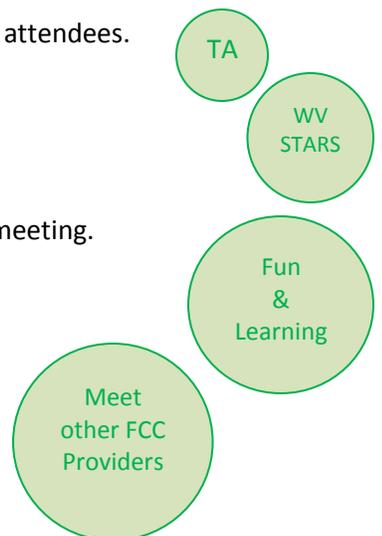
*Personal Invitations will be mailed out with information for the first meeting.

Please call the Wheeling CCRC office to register! 304-232-1603 or 1-800-585-1603

Feel free to contact us with any questions or suggestions!

TRAILS Early Childhood Training Specialist: Amy Morrow - amy.m.morrow@wv.gov

TRAILS Associate: Jamie Burton - jamie.l.burton@wv.gov





Since 2010

West Virginia Family Child Care Association

FCC Provider News

January 2015

NEW STATE REGULATIONS

are being written now.

Do you want to be part of writing those regulations?

Our voice is being heard because:

- we are standing together as ONE
- we are working together to provide a higher quality of family child care in a professional environment

The WVFCCA is working side by side with our state officials to have a better understanding of our current regulations. We are also on the team updating our regulations and improving the standards we use to regulate our businesses.

It is **vital** that we stand together and decide how to move forward in a positive way. Our goal is to give the families in WV the very best child care possible which will improve our nationwide rating and our reputation.

Fill out our membership form today and be on our team!

Contact Tamara Eubank 304-634-5545

www.westvirginiafamilychildcare.com

Email: wvfamilychildcare@yahoo.com

Monthly Phone Conference

for all members

Every 3rd Tuesday

Feb. 17, 2015

8pm-9pm

Call or email to sign up!

NEW
EVENT

Meet Your Second Helping Trainers!



Lorna Adkins, WVFCCA President

Experience: 14 years

Motto: Work smarter, not harder!



Abbie Daniel, WVFCCA VP & Treasurer

Experience: 4 years

Motto: Promote yourself and your business! Use technology where possible!



Dana Slater, WVFCCA Member

Experience: 13 years

Motto: It takes a village! Use your community to support your growth!



Tammy Eubank, WVFCCA Co-Secretary

Experience: 30 years

Motto: Use your resources! They're here to help!



Kathy Baker,

WVFCCA Affiliate Associations Coordinator

Experience: 23 years

Motto: We are all professionals! We should promote quality and professionalism among FCC providers everywhere!

Welcome To Our New Board Members

Jamie Denman in Clarksburg will be our new Co-Secretary.

Nina Harris in Kanawha County is our new treasurer.

Stephanie Geneseo will be in charge of Fund Raising.

Welcome aboard ladies and thank you for

making a difference in WV!

Free Online Training Classes Available!

Providers can take get their required training hours online.

Call and find out how you can take trainings online for free.

Just another benefit of the WVFCCA! Call today!

WVFCCA

P.O. Box 3153

Huntington, WV 25702

(304) 634-5545

Email: wvfamilychildcare@yahoo.com

Website: www.westvirginiafamilychildcare.com

The Importance of Professional Development



Professional development is an ongoing responsibility for early learning providers and is an essential factor in improving the quality of early experiences for children. Over the last decade, the National Association for the Education of Young Children (NAEYC) has brought us into a new era of working with young children. To meet NAEYC’s mission of “assuring the provision of high quality early childhood programs for young children,” it is necessary to have a highly competent workforce in the field. They have encouraged us to implement developmentally appropriate practice, to establish child-centered programs and to value the importance of what we do. As this new era unfolds, we must prepare ourselves for new roles and responsibilities. Professional development provides the path to achieving this goal.

The “Planning your Professional Development” training will provide participants with a professional development planning tool that will assist you in developing a continuing education plan. During the training, we will review the core knowledge and core competency areas outlined by West Virginia State training & Registry System (WV STARS). These core knowledge and core competencies provide a set of knowledge and skills areas that are common to all roles in the early care and education field. WV STARS registered trainings are required to fall under one (1) of the eight (8) core knowledge areas. It may be difficult to pinpoint the type of development or area of training that is best suited for you and your professional growth. After reviewing the core knowledge areas, participants will be able to identify their areas of strengths and weaknesses and develop a professional development plan that fits their unique needs as an educator.

In addition to mapping your professional growth, the professional development planning tool has several advantages.

- ❖ Track your renewal dates for necessary training (CPR, First Aid, Med Admin, Child Abuse etc.)
- ❖ Be prepared for licensing, tier II requirements and renewals for WV STARS certificates
- ❖ Evidence of teaching experiences, educational background and strengths as an educator
- ❖ Attend beneficial trainings that pertain to needs in your classroom
- ❖ **DIRECTORS:** This is a great tool to use during yearly evaluations with staff members.

As a professional in early childhood education, it is important to take steps to increase your knowledge & skills, develop your professional image and remain current & up to date with new research. If the Professional Development Planning Tool training interests you, call us at 304-232-1603 to sign up for a class near you!

June 25, 2015	6:00-8:00pm	Wheeling CCCR
July 6, 2015	6:00-8:00pm	Morgantown CCRC



Brie Broughman
Early Childhood Specialist

Contact the Child Care
Resource Center
to register.
(304)232-1603

West Virginia Elements of Family Child Care Series (WVEFCCS)

IMPORTANT
Providers can
register for
individual sessions.
**However, in order to
receive the \$300 in
resources, you
MUST attend all 7 of
the sessions.**

The 7 part series is designed for Registered Family Child Care Providers and will focus on specific needs that must be addressed, such as mixed age groups, organizing the home, record keeping, etc.

The classes will be offered over the course of 7 weeks & presented in 4 hour sessions. The training will be offered in Marion County on the following dates:

Class Time - 5:00 to 9:00 pm

April 6, 2015
April 13, 2015
April 20, 2015
April 27, 2015
May 4, 2015
May 11, 2015
May 18, 2015

Make Up Class if Needed June 1, 2015

WVEFCCS Participant Benefits

- ❖ Implement the Creative Curriculum
- ❖ Develop individual plans and set goals that directly respond to the needs of the children in your care
- ❖ Earn **30 hours of WV Stars Training** credit – includes 28 hours of classroom instruction and 2 hours of on-site technical visits
- ❖ **Receive \$300 in resources** to support & improve quality of care
- ❖ Use the Family Child Care Environmental Rating Scale
- ❖ Develop a professional portfolio

April 6, 2015 – Building a Firm Foundation: Participants will learn about the importance of using quality curriculum and how to evaluate the family child care environment. Each participant will learn how to develop a professional portfolio and will have the opportunity to build that portfolio throughout the course. **3 hours – Professionalism 1 hour – Program Management**

April 13, 2015 – Knowing How Children Learn: This module will provide participants an overview of how children develop and learn from birth through three years. Activities will be used to engage participants in learning developmental milestones and to learn about what to expect during these years. **4 hours of Child Growth & Development**

April 20, 2015 – Organizing your Day: The purpose of this module is to help family child care providers create a developmentally appropriate program that meets the need of all children in the program. It will show participants how to organize and prepare their home and develop and plan their weeks. **1 hour Health, Safety & Nutrition 1.5 hours Program Management
1 hour Curriculum .5 hour Positive Interaction and Relationships**

April 27, 2015 – What Children Are Learning (Part 1): This module will discuss what kinds of experiences to offer children at each stage of development. It will specifically look at positive approaches to learning, language and literacy skills, mathematical relationships and exploring science. **4 hours Curriculum**

May 4, 2015 - What Children Are Learning (Part 2): This module will specifically look at positive approaches to learning social studies and creative arts. Integrating learning with studies will also be discussed. **4 hours Curriculum**

May 11, 2015 – Caring & Teaching: This session will build upon prior modules and will present sound strategies for building relationships with children and families and guiding children's learning and behavior. Social/emotional development strategies will be covered along with ways to foster strong positive guidance. **4 hours Positive Interactions and Relationships**

May 18, 2015 – Building a Partnership with Families: The purpose of this module is to present practical ideas to help family child care providers build and improve strong partnerships with families. **4 hours Positive Interactions and Relationships**

June 1, 2015– Makeup Day

Testimonial

- * Very Informative
- * Endless amounts of quality knowledge
- * Every aspect useful
- * Increased skills and sharpened a few skills sets
- * Boosted my confidence levels personally & professionally
- * Assisted with better organization, weekly planning and curriculum planning and implementation
- * The instruction and instructor was engaging, friendly and professional
- * Exceeded my expectations

Alicia - Ohio County Family Child Care Provider

Child Care Resource Center Training Team Calendar

April, May, June 2015

Call the WHEELING CCRC Office to Register! 1-304-232-1603 or 1-800-585-1603

TRAINING REMINDERS

1. You **MUST** register at least 24 hours in advance.
2. **Classes MUST have at least 5 participants registered by noon the day before the class is scheduled or the class will be cancelled. These trainings will not be rescheduled. *Wetzel/Tyler must have at least 3 participants**
3. Infants and children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
4. If you register for a class and then are unable to attend, please call the CCRC to cancel as there may be a waiting list for that class.
5. In order to receive WV STARS credit for the trainings participants must bring either their WV STARS barcode sticker or have their WV STARS number on hand.
6. **Please be on time!** If you are late, you may not receive WV STARS credit.
7. **PLEASE NOTE: FOR EVENING & SATURDAY TRAININGS HELD AT THE WHEELING & MORGANTOWN & Fairmont CCRC BUILDING: Doors will open 15 minutes prior to training time and doors will be locked 15 minutes after the start of the scheduled training.**
8. **If schools are closed in the county that the training is taking place, the training will be canceled.**

These trainings, along with any possible additions during the quarter, are listed on-line at www.wvearlychildhood.org.

SEE PAGES 18 & 19 FOR TRAINING DESCRIPTIONS

Hancock/Brooke

Date	Title – Core Competency & Tier Level	Location	Time
Thursday April 23	ECERS Overview <i>Program Management - Tier II</i>	Mary Weir Library 3442 Main Street - Weirton	6:00-8:00
Wednesday May 6	Conscious Discipline Overview <i>Positive Interactions and Relationships - Tier II</i>	Mary Weir Library 3442 Main Street - Weirton	2:00-4:00
Monday May 11	Embracing Diversity <i>Positive Interactions and Relationships - Tier II</i>	Mary Weir Library 3442 Main Street - Weirton	6:00-8:00
Wednesday June 10	Help! Send Me to a Quiet Space <i>Child Growth & Development - Tier II</i>	Follansbee Library 844 Main Street - Follansbee	1:00 - 3:00
Wednesday June 17	Making a Difference: Reporting and Preventing Child Abuse & Neglect <i>Health, Safety & Nutrition - Tier I</i>	Mary Weir Library 3442 Main Street - Weirton	1:00-3:00

Wetzel/Tyler

Date	Title – Core Competency & Tier Level	Location	Time
Saturday May 2	CHOOSY! Promoting Health and Fitness in Young Children <i>Health, Safety & Nutrition - Tier II</i>	New Martinsville Library 160 Washington St, New Martinsville	10:30-12:30

Ohio/Marshall

Date	Title – Core Competency & Tier Level	Location	Time
Thursday April 9	Early Bonds Shape Behavior <i>Positive Interactions & Relationships - Tier II</i>	Marshall County Library 700 5th Street - Moundsville	3:00-5:00
Thursday April 16	ECERS Overview <i>Program Management - Tier II</i>	CCRC 2000 Main Street - Wheeling	6:00-8:00
Thursday May 14	Medication Administration <i>Health, Safety & Nutrition - Tier II</i>	CCRC 2000 Main Street - Wheeling	10:00-2:00
Thursday May 14	Making a Difference: Reporting and Preventing Child Abuse & Neglect <i>Health, Safety & Nutrition - Tier I</i>	CCRC 2000 Main Street - Wheeling	2:00-4:00

Ohio/Marshall Continued

Thursday May 14	<u>Creative Curriculum - Partnering with Families</u> <i>Family & community - Tier II</i>	CCRC 2000 Main Street - Wheeling	6:00-8:00
Saturday June 13	<u>CHOOSY! Promoting Health and Fitness in Young Children</u> <i>Health, Safety & Nutrition - Tier II</i>	CCRC 2000 Main Street - Wheeling	10:00-12:00
Monday June 22	<u>Professional Ethics</u> <i>Professionalism - Tier III</i>	Marshall County Library 700 5th Street - Moundsville	5:00-7:00
Thursday June 25	<u>Professional Development Record</u> <i>Professionalism - Tier II</i>	CCRC 2000 Main Street - Wheeling	6:00-8:00

Monongalia/Marion

Date	Title – Core Competency & Tier Level	Location	Time
Friday April 17	<u>Help! Send Me to a Quiet Space</u> <i>Child Growth & Development - Tier II</i>	CCRC 309 Cleveland Avenue - Fairmont	1:00-3:00
Thursday April 23	<u>Watch, Listen & Learn</u> <i>Observation & Assessment - Tier II</i>	CCRC 965 Hartman Run Rd - Morgantown	6:00-8:00
Monday April 27	<u>A Closer Look at ECERS</u> <i>Program Management - Tier III</i>	CCRC 965 Hartman Run Rd - Morgantown	6:00-8:00
Friday May 8	<u>Medication Administration</u> <i>Health, Safety & Nutrition - Tier II</i>	CCRC 965 Hartman Run Rd - Morgantown	10:00-2:00
Friday May 8	<u>Making a Difference: Reporting and Preventing Child Abuse & Neglect</u> <i>Health, Safety & Nutrition - Tier I</i>	CCRC 965 Hartman Run Rd - Morgantown	2:00-4:00
Monday May 18	<u>Behavior Basics</u> <i>Positive Interactions & Relationships - Tier II</i>	CCRC 309 Cleveland Avenue - Fairmont	3:00-5:00
Tuesday June 2	<u>Conscious Discipline Overview</u> <i>Positive Interactions and Relationships - Tier II</i>	CCRC 965 Hartman Run Rd - Morgantown	5:00-7:00
Monday June 8	<u>Creative Curriculum - Partnering with Families</u> <i>Family & Community - Tier II</i>	CCRC 965 Hartman Run Rd - Morgantown	6:00-8:00
Monday June 15	<u>Professional Ethics</u> <i>Professionalism - Tier III</i>	CCRC 309 Cleveland Avenue - Fairmont	6:00-8:00
Tuesday June 16	<u>Making a Difference: Reporting and Preventing Child Abuse & Neglect</u> <i>Health, Safety & Nutrition - Tier I</i>	CCRC 309 Cleveland Avenue - Fairmont	12:30-2:30
Tuesday June 16	<u>ITERS</u> The ITERS-R – Infant/ Toddler Environment Rating Scale- Revised edition <i>Program Management - Tier II</i>	CCRC 965 Hartman Run Rd - Morgantown	6:00-8:00

Training Descriptions

Call the Wheeling CCRC Office to Register 1-304-232-1603 or 1-800-585-1603

Training Offered By:

<u>Behavior Basics</u>	Todd Fromhart Early Childhood Specialist
Participants will learn about principles of behavior. We will discuss elements of the environment that may trigger challenging behaviors and look at strategies that promote positive behaviors.	
<u>CHOOSY! Promoting Health and Fitness in Young Children</u>	Amy Morrow TRAILS Early Childhood Specialist
Get moving with Choosy! Learn how to integrate fun materials and information with the Choosy Kids Program into your child care program every day! Providers will engage in Choosy activities and learn strategies for providing intentional opportunities for children to learn good health practices in a fun and active way!	
<u>A Closer Look at ECERS</u>	Todd Fromhart Early Childhood Specialist
In this training, we will take an <i>in-depth</i> look at the quality indicators in the Early Childhood Environment Rating Scale and we will discuss parts of the scale on which programs often perform poorly.	

Training Description Continued <i>Call the Wheeling CCRC Office to Register 1-304-232-1603 or 1-800-585-1603</i>	Training Offered By:
<p align="center"><u>Conscious Discipline Overview</u></p> <p>This training will provide an overview of Conscious Discipline- a comprehensive classroom management and social emotional curriculum. It is based on brain research, child development information, and developmentally appropriate practices and includes strategies for responding rather than reacting to life events.</p>	<p>Linda Reeves Behavior Consultant & Janice Barnett Infant/Toddler Specialist</p>
<p align="center"><u>Creative Curriculum – Partnering with Families</u></p> <p>Partnering with families is a central component of <i>The Creative Curriculum</i>. This training will help teachers build positive relationships with families by addressing the following topics: getting to know families, making families feel welcomed, communicating with families, involving families in the program and responding to challenging situations.</p>	<p>Brie Broughman Early Childhood Specialist</p>
<p align="center"><u>Early Bonds Shape Behavior</u></p> <p>Attachment theory is centered on emotional bonds and suggests that our earliest attachments can leave a lasting mark on our lives. During this training, we will look at the different types of attachment, the effect it has on development and ways to cope with separation anxiety.</p>	<p>Brie Broughman Early Childhood Specialist</p>
<p align="center"><u>ECERS Overview</u></p> <p>This training will provide an overview of the Early Childhood Environment Rating Scale. Participants will learn how to assess the environment and interactions in the classroom as well as identify strengths and areas for improvement.</p>	<p>Todd Fromhart Early Childhood Specialist</p>
<p align="center"><u>Embracing Diversity</u></p> <p>This training will look at ways to create an environment that reflects sensitivity and acceptance of diverse family structures, values, cultures, and languages.</p>	<p>Todd Fromhart Early Childhood Specialist</p>
<p align="center"><u>Help! Send Me to a Quiet Space</u></p> <p>A quiet space is a special quiet area where a child can go to cool off during conflict or when overwhelmed or frustrated. This training will discuss setting up a designated quiet space in child care settings and homes as well as an overview of specific self-calming techniques to promote in infants, toddlers, and young children.</p>	<p>Linda Reeves Behavior Consultant</p>
<p align="center"><u>Basic ITERS-R</u></p> <p>This workshop will provide an overview of the ITERS- R, a tool designed to assess programs for children from birth to 30 months of age, the age group that is most vulnerable physically, mentally, and emotionally. The ITERS-R contains items to assess provision in the environment for the protection of children's health and safety, appropriate stimulation through language and activities, and warm, supportive interaction.</p>	<p>Janice Barnett Infant/Toddler Specialist</p>
<p align="center"><u>Making a Difference: Reporting and Preventing Child Abuse & Neglect</u></p> <p>This training is a comprehensive training session for mandated reporters of child abuse and neglect.</p>	<p>May 8th & 14th Glenna Bailey Nurse Health Consultant June 16th & 17th Cathy Knox Training Team Supervisor</p>
<p align="center"><u>Medication Administration</u></p> <p>This session will discuss proper administration of medication in the child care setting; guidelines of the WV Child Care Center Regulations (Minimum 5-Maxxium 20)</p>	<p>Glenna Bailey Nurse Health Consultant</p>
<p align="center"><u>Professional Development Record</u></p> <p>Participants will complete a Professional Development Record. The PDR will assist early childhood educators in identifying strengths and weaknesses, plan career development and create a record of achievements.</p>	<p>Brie Broughman Early Childhood Specialist</p>
<p align="center"><u>Professional Ethics</u></p> <p>Participants will gain an awareness of what appropriate ethical responsibilities they hold as child care professionals. The NAEYC Code of Ethics will be discussed as well as the difference between professional ethics and personal values in a child care setting. Participants will analyze ethical dilemmas and determine the appropriate course of action.</p>	<p>Todd Fromhart Early Childhood Specialist</p>
<p align="center"><u>Watch, Listen & Learn</u></p> <p>Have you ever made a statement like this? "I observe my children all day, but I don't have time to write it down because it takes too much time away from the kids." <i>Watch, Listen & Learn</i> is a training designed to assist teachers in finding their "observation style". We will learn about different tools to use for record keeping and practice our observation skills using video segments.</p>	<p>Brie Broughman Early Childhood Specialist</p>



MIND IN THE MAKING
Learning Modules for Early Childhood Teachers

Application

Criteria to Participate

Must work in child care setting (Child Care Center, Family Child Care Facility, or Family Child Care Home).

APPLICANT INFORMATION			
Last Name	First Name	M.I.	
Title	Program Type: Child Care Center: _____ Family Child Care Facility: _____ Family Child Care Home: _____		
Street Address	Apartment/Unit #		
City	State	ZIP	
Phone	E-mail Address		

WV STARS # (required to receive Mind in the Making resources):

Validated by WVECTCR:

I, _____, attest that the information written above is true and accurate to the best of my knowledge.

Applicant signature: _____

Child Care Resource and Referral Location: Child Care Resource Center - 2000 Main Street - Suite 100
Wheeling, WV 26003

EC Specialist Name and Phone Number: Todd Fromhart - 304-232-1603

Please Send or Fax Application to:
 Child Care Resource Center
 2000 Main Street - Suite 100
 Wheeling, WV, 26003
 ATTN: Todd Fromhart
 FAX
 304-232-1604